

A MONTHLY THREE-DAY INTENSIVE FOR MEN

MEN OF FREEDOM CONFERENCE

OIKODOMEO

Freedom is possible.
Trust can begin to be rebuilt.

Oikodomeo (οἰκοδομέω) — Greek: "To build a house; to build up and strengthen a person" — is an intensive three-day experience designed specifically for men ready to break free from shame, addiction, and the lies that have kept them bound. If pornography or compulsive sexual behavior has harmed the people you love, this is a place to do honest work, and to leave with a clear plan to get free and stay free.

In three days, men receive the equivalent of 30 weeks of regular counseling. Each man leaves with a customized sexual recovery plan, built around Dr. Patrick Carnes' Cycle of Addiction framework, the 3 circles of sobriety and recovery, trauma work, small-group breakouts, and whole-person care for soul, spirit, and body.

EVIDENCE-BASED GROUP PROCESS	SPIRITUAL FORMATION & IDENTITY WORK	BROTHERHOOD & AUTHENTIC COMMUNITY

WHEN & WHERE

Held monthly in Redding, California.

Upcoming dates: December 17–19, 2026 · January 21–23, 2027
February 18–20, 2027 · March 18–20, 2027 · April 15–17, 2027
See the website for the full calendar.

Schedule: Friday 5:00–9:00 pm · Saturday 9:00 am–7:00 pm · Sunday 9:00 am–12:00 pm

$1,100 per person

Reserve your spot

connectedcounselingcenter.org/conferences

Call or text 530-782-1891

Or pay via CashApp $BiscottiC, then call or text to confirm. Meals and lodging details are provided at registration.

Connected Counseling Center

Led by **Christian Biscotti, PhD ABD, MDiv, MA, BA, PSAP, CPE Board Certified** — a retired U.S. Air Force chaplain and Pastoral Sex Addiction Professional (PSAP, certified through IITAP).
Founder of Connected Counseling Center in Redding, California.

This intensive is for men. Individual and couples counseling are also available.